

McChronicles

McCall Centre for Continuing Care 140 Sherway Drive Etobicoke On M9C1A4 416-259-2573



Celebrating May

Kentucky Derby

May 2

Nurses Week

May 6-12

Mother's Day

May 10

Victoria Day

May 18th

Contest Time

Your input is wanted..... I've been thinking about changing up the title of our monthly newsletter.

Do you have a suggestion for a new name for the newsletter more in keeping with the times? Please contact the recreation staff at 416-259-2573 ext. 1527 with your suggestion. A prize will be awarded for the selected submission

Sunday May 10th is Mothers Day!!!

This year will be a different Mother's Day then normal. We would however like to wish all our McCall Centre Mom's a Happy Mother's Day.

Although May 10th is the designated day to celebrate as a group or with family, Mother's Day should be everyday and we will get together when this is all over and celebrate our McCall mothers.

A Poem for Mothers Day

Of all the special
joys in life,
the big ones
and the small,
A Mother's love
and tenderness is the greatest
Of them all.



National Nurses Week Monday May 11th- Sunday May 17th,2020



The theme for the Compassion/Expertise/Trust

We would like to wish all of nursing staff a Happy Nurses Week.

In this unprecedented and uncertain time thank you for showing and providing the care our patients and residents need.

Normal, during Nurses Week we would have a whole week of activities planned. But in this time of change and social distancing we have decided to postpone Nursing Week activities until it is safe to so. We will keep you updated.

Thank you to each of you!!!!

Poem for Nurses Week

Dear Nurse,
You cover me with blankets
Of compassion
And wrap me in bandages
Of consideration
You console me
And hold me
And work tirelessly to release me
From pain and disease
You're an agent of healing when
I'm sometimes feeling low.

Nursing Humor

Q: How long does it take a nurse to change a light bulb?

A: About 15 seconds and 20 minutes to document it- how, when, where, why and what serial number it had.

McCall News

We are pleased to announce that our elevator replacement project that has been going on since early December 2019 is now complete and we have two fully functional elevators.

As you all know, we continue to be affected by this Covid 19 pandemic. We recognize that it is difficult for all our patients and residents to be without visits from their families and not being to gather socially with others due to social distancing rules. The recreation department continues to look at ways to modify the way our programs to accommodate social distancing including increased one to one visits, hallway programming and providing patients and residents with resources to allow for self directed activities such as reading material and puzzles.

If you would like one of the recreation staff to deliver any of the items please call us at 416-259-2573 ext.1527.

Stay well & WASH YOUR HANDS

Welcome back and Farewell

“We are very happy to announce that Adrienne Ellis will be returning to McCall as of Monday April 27, in her role as Social Worker after an 8 month leave of absence-please join us in welcoming Adrienne back to the team. Sadly, this also means that it is time to say farewell to Mayuri Thiageshwaran. We can not thank Mayuri enough for jumping into the role on Adrienne’s absence-she went in feet first and proved to be a valuable member of the team and we will certainly miss her. Mayuri’s last day will be Friday May 2nd- be sure to send your farewell wishes to her before then.”

Lisa Romaniello
Executive Director
McCall Centre for Continuing Care

Celebrate Cinco de Mayo



Cinco de Mayo enjoys widespread popularity across the United States, despite many Americans mistaking the holiday as Mexico's Independence Day. Cinco de Mayo revelers take note! Mexico's Independence Day is

held on September 16. It commemorates the day in 1810 when a Catholic priest known as Father Hidalgo made a speech in the town of Dolores calling for independence from Spain. Hidalgo's speech has since been called the "Cry of Dolores," and the town is now known as Dolores Hidalgo. Cinco de Mayo commemorates a very different event on a date over 50 years later.

In 1861, Benito Juárez was elected the new president of Mexico, but the country he was elected to run was bankrupt after decades of civil war. Juárez was forced to put off repaying all debts to Europe for two years, a decision that angered France, Britain, and Spain. These countries responded by sending their naval fleets across the Atlantic to collect their due. Juárez negotiated a deal with Britain and Spain. France, however, saw an opportunity to invade Mexico. Napoleon III ordered the landing of French troops at Veracruz, and the French forces chased Juárez and his government out of the city.

French General Charles Latrille de Lorencez soon marched his force of 6,000 upon the town of Puebla de Los Angeles. Juárez was desperate. He rounded up a group of 2,000 locals and fortified the town under the command of General Ignacio Zaragoza. On May 5, 1862, Lorencez surrounded Puebla and began shelling the town with heavy artillery. Yet by nightfall, the French were forced to retreat, having lost 500 soldiers. Zaragoza's victory at the Battle of Puebla was not a major one, but it was symbolic. Juárez's government used the victory to rally support against the French. Five years later, the United States sided with Mexico against the French and put an end to the war. Americans celebrating Cinco de Mayo are not celebrating America's successful intervention. It is more a general celebration of Mexican culture, fueled by the marketing influence of the beverage industry.

From the Recreation Department

Welcome to May everyone..... the April showers are starting to bring out the May flowers and the days are slowly getting longer and warmer.

Unfortunately we are still in the midst of the Covid 19 pandemic. As of a result of all the uncertainty surrounding this large group programs will not happen.

In May the Recreation Department will be posting a weekly calendar. New calendars will be available every Monday. All programming will be held on the units until further notice.

Patient Council

The next meeting of the Patient Council will be announced.

Resident Council

The April Resident Council meeting was canceled due to the Covid 19 pandemic. The date of the next meeting will be determined.

Spring Garage Sale

We will not be having our traditional Spring Sale this year due to circumstances beyond our control.

We are however brainstorming ideas for a spring fundraiser that will incorporate some of the components of our spring sale. We will share details as they emerge and when it is safe to do so.

If you have any ideas please feel free to share them with the Recreation Department.

Our bingo 50/50 remains on hold.

Race to the Top



On May 1, 1931, American President Herbert Hoover officially dedicated the opening of New York's Empire State Building, then the tallest building ever constructed in the world, by pressing a button in the White House that turned on the lights of the New York skyscraper. Hoover may have pushed the button in Washington, D.C., but someone else in New York was responsible for synchronizing the flip of the switch at the Empire State Building. Hoover's press of the button was largely symbolic, and so was the construction of the Empire State Building.

The dazzling commemoration of the Empire State Building was just what New York and the country needed during the depths of the Great Depression. Such a majestic feat of engineering gave New York City a deep sense of pride. Sure, the construction of the building had employed 3,400 workers each day, many of whom were paid excellent wages. But the building took just a little over a year to build, and it was constructed ahead of schedule and under budget. One year after the Empire State Building opened, only 25% of its offices had been rented. The economic turmoil of the Great Depression still held New York City in its clutches.

Who would want to build such a thing during such a desperate economic period? The idea of the Empire State Building was the result of a competition between two wealthy men. Walter Chrysler, executive of the Chrysler Corporation, and John Jakob Raskob of General Motors wanted to see who could build the taller building. Chrysler had already completed his Art-Deco masterpiece in midtown Manhattan 11 months earlier. And for those 11 months, at 1,046-feet tall, the Chrysler Building was the world's tallest. But Raskob would not be beaten. His design, it is said, was based on the look of a pencil. And it was builder-friendly. Each story was exactly the same, so extra stories could easily be added if it needed to grow taller to overtake Chrysler's building, and so grow it did. At 1,250 feet tall, Raskob's Empire State Building had bested Chrysler's.

May Birthdays

In astrology, those born between May 1–20 are the Bulls of Taurus. Not only do Bulls work hard with a determined and tireless manner, but they enjoy the payoff, rewarding themselves for a job well done. These stable and reliable types won't finish the job until they are completely satisfied. Those born from May 21–31 are the Twins of Gemini. Gemini's dual nature is expressed through its skillful communication and dynamic sociability. The Twins are energetic, quick-witted, optimistic, and emotionally intelligent.

Dwayne Johnson (actor) – May 2, 1972
Bing Crosby (singer) – May 3, 1903
Nellie Bly (journalist) – May 5, 1864
J.M. Barrie (author) – May 9, 1860
Salvador Dalí (artist) – May 11, 1904
Bea Arthur (actress) – May 13, 1922
Lorraine Hansberry (playwright) – May 19, 1930
Mr. T (actor) – May 21, 1952
Sally Ride (astronaut) – May 26, 1951
Bob Hope (entertainer) – May 29, 1903

McCall Centre May Birthdays

We would like to take this opportunity to thank all of our McCall patients and residents who are celebrating a birthday in May a very happy birthday. We will let you know when we will be able to celebrate our May birthday at our May birthday party.

We extend birthday wishes to the following people.....

Michael, S.- May 2nd
Shirley, H.- May 8th
Plona, W. –May 10th
Antoni, S.- May 13th
Theresa, M.- May 14th
Maria, T. – May 17th
Lila, G.- May 19th
Neil, D.- May 29th

